

EDUCATION

8/92-6/96 M.D., Albert Einstein College of Medicine, Bronx, New York
8/88-6/92 B.A. in Biology, Brandeis University, Waltham, Massachusetts

POST-GRADUATE TRAINING

7/99-6/01 Fellowship in Endocrinology, Yale School of Medicine, New Haven, Connecticut
7/96-6/99 Internship & Residency in Internal Medicine, Yale-New Haven Hospital, New Haven, Connecticut

EMPLOYMENT HISTORY

10/17-Present Associate Chief, Department of Medicine, Yale-New Haven Hospital
7/01-Present Managing Partner, Endocrine Associates of Connecticut, LLC, New Haven, Connecticut
7/01-7/14 Clinical Preceptor, Residency Program of St. Raphael's Campus of Yale-New Haven Hospital (formerly the Hospital of St. Raphael), Endocrinology Rotation, New Haven, Connecticut
7/99- 6/01 Attending, Emergency Room, West Haven V.A. Medical Center, West Haven, Connecticut
7/99- 6/01 Clinical Preceptor, Physical Diagnosis Course for 1st and 2nd year Medical Students, Yale School of Medicine, New Haven, Connecticut
7/97 – 6/98 Clinical Practicum Preceptor, Yale Physician Associate Program, New Haven, Connecticut

TITLES/HONORS/AWARDS

- Associate Chief, Department of Medicine, Yale-New Haven Hospital (10/17-present)
- Inaugural Chair, Central Credential's Committee, Yale-New Haven Health System (9/22-present)
- Chair, Voluntary Faculty Appointments & Promotions Committee. Yale School of Medicine (10/17-present)
- Medical Director, Inpatient Endocrinology, SRC, Yale-New Haven Hospital (4/2021-current)
- Associate Section Chief, Endocrinology, Yale-New Haven Hospital (1/07-9/17)
- Associate Clinical Professor of Medicine, Yale University School of Medicine (2008-present)
- Associate Clinical Professor of Medicine, Frank H. Netter School of Medicine (2013-present)
- Appointed by Lt. Governor of CT to State Healthcare Innovation Planning Committee, care delivery model work group (5/13-9/13)
- *Magna Cum Laude*, Brandeis University
- Alpha-Omega-Alpha (*AOA*), Albert Einstein College of Medicine
- Connecticut Magazine "Top Docs", multiple years including: 2010-2023

COMMITTEES/BOARDS/ELECTED POSITIONS

- Councilor, Board of Directors, Connecticut State Medical Society (3/19-present)
- Board of Governors, New Haven County Medical Association (2004 -2014, 2019-present)
- Care Signature Pathway, Hypercalcemia Committee, (9/2021-12/2021)
- Yale Internal Medicine Residency Selection Committee (10/2017-present)
- Yale Internal Medicine Chief Resident Selection Committee (10/2017-present)
- Senior Clinical Leadership Group, Yale-New Haven Hospital (8/16-present)
- Telehealth Physician Advisory Group, Yale-New Haven Hospital (1/21-present)
- Medical Executive Committee, Yale-New Haven Hospital (7/10-9/2016, 10/17-present)
- Board of Directors, Community Medical Group (11/2013-present)
 - Finance Committee, Community Medical Group (11/14-present)
- Secretary, Medical Board, Yale-New Haven Hospital (9/2014-9/2016)
- Chairman, Credentialing Committee, Yale-New Haven Hospital (9/2014-9/2016)
- President, New Haven County Medical Association (10/09-10/10)
- Administrative Committee of Medical Board, Yale-New Haven Hospital (10/12-9/2016)
- Bylaws committee, Yale-New Haven Hospital Medical Board (9/2014-10/2016)
- Medical Staff Professionalism Committee, Yale-New Haven Hospital Medical Board (9/2014-9/2016)
- Physician Champion/Physician Advisory Group, EPIC EMR Collaborative Build, Yale New Haven Health System (1/2011-4/2015)
- Committee on legislation, Connecticut State Medical Society (9/12-9/14)
- Bylaws Committee, Connecticut State Medical Society (3/11-9/14)
- Vice-President, Executive Committee, Project Access-New Haven (12/12-12/14)
- Board of Directors, Project Access-New Haven (10/09-12/2014)
- Secretary, Executive Committee, Project Access-New Haven (10/10-12/12)
- Vice-President, New Haven County Medical Association (9/07 to 9/08)
 - Chairman, Nominating Committee (10/08-9/09)
 - Finance Committee (9/08-9/10)
 - Co-Chairman, Ethical & Judicial Affairs Committee (9/07-9/08)
 - Membership Committee (9/07- 911)
- Clinical Redesign Steering Committee, Yale-New Haven Hospital (9/12-10/13)
- CSMS Charitable Trustee, Connecticut State Medical Society (9/11-9/14)
- Medical Liability Taskforce, Connecticut State Medical Society (11/11-3/12)
- Internal Medicine Committee for Clinical Integration, Yale-New Haven Community Medical Group, INC. (7/08-7/10)
- Medical Student Representative on Admissions Committee, Albert Einstein College of Medicine (1992-1996)

HOSPITAL AFFILIATIONS

- Yale-New Haven Hospital (York Street and St. Raphael's Campus), New Haven, Connecticut

PROFESSIONAL AFFILIATIONS

- American Association of Clinical Endocrinologists, Fellow (F.A.C.E.)
- New Haven County Medical Association
- Connecticut State Medical Society

LICENSE AND BOARD STATUS

- State of Connecticut License #037597
- Diplomate, American Board of Internal Medicine August 2000, Recertified October 2010, 2022

- Diplomate, Endocrinology, Diabetes and Metabolism November 2001, Recertified November 2011, 2022
- Certified by American College of Endocrinology to perform thyroid ultrasound and ultrasound guided FNA biopsy November 2000
- Certified by International Society for Clinical Densitometry as a Clinical Densitometrist March 2002, Recertified 2007, 2012, 2017, 2022

PUBLICATIONS

Athonvarangkul D, Wang K, Deng Y, Inzucchi S, **Mayerson AB**. Improved extremity tissue oxygenation with short-term exposure to textiles embedded with far infrared light emitting thermoactive particles in patients with diabetes mellitus. *Diab Vasc Dis Res* 20(2);Mar-Apr 2023.

Mayerson, Adam B. Levemir® Early Clinical Experience Case Series. *Endocrinology and Metabolism Clinics of North America, Supplement S1*, 36:45-52, 2007.

Mayerson AB, Inzucchi SE. Type 2 diabetes therapy: A pathophysiologically based approach. *Postgraduate Medicine* 111(3): 83-95, 2002.

Mayerson AB, Hundal RS, Dufour S, Lebon V, Befroy D, Cline GW, Enocksson S, Inzucchi S, Shulman GI, Petersen KF. Effects of rosiglitazone on insulin sensitivity, lipolysis, and hepatic and skeletal muscle triglyceride content in patients with type 2 diabetes. *Diabetes* 51:797-802, 2002.

Mayerson, Adam B. and Frishman, William H. "Vasopressin and Vasopressin Receptor Antagonists in Cardiovascular Disease." Cardiovascular Pharmacotherapeutics. New York: McGraw-Hill, 1997. 769-786

Goldberg PA, **Mayerson AB**. A Woman With Chronic Urticaria and Graves Disease. *Endocrinologist*. 17(4):217-220, 2007.

Hundal RS, Petersen KF, **Mayerson AB**, Randawa PS, Inzucchi SE, Shoelson SE, Shulman GI. Mechanism by which high-dose aspirin improves glucose metabolism in type 2 diabetes. *Journal of Clinical Investigation* 109:1321-1326, 2002.

Fadare O, Parkash V, Fiedler PN, **Mayerson AB**, Asiyanbola B. Tumor-to-tumor metastasis to a thyroid follicular adenoma as the initial presentation of a colonic adenocarcinoma. *Pathology International* 55:574, 2005.

Page KA, Roehmholdt BF, Jablonski M, **Mayerson AB**. Development of thyroid storm after surgical resection of a thyrotropin-secreting pituitary adenoma. *Endocrine Practice* 14(6):732-737, 2008.

Abstracts

Athonvarangkul, D. and **Mayerson, A**. (2019, September). Double Trouble! Hypercalcemia due to both elevated PTHrP and calcitriol in a patient with primary adrenal lymphoma. Poster presented at the meeting of New England American Association of Clinical Endocrinologists, Newton, MA.

Athonvarangkul, D. and **Mayerson, A.** (2019, October). Double Trouble! Hypercalcemia due to both elevated PTHrP and calcitriol in a patient with primary adrenal lymphoma. Oral presentation presented at the meeting of the Connecticut Endocrine Society, Meriden, CT.

INVITED LECTURES

** denotes continuing education credit issued*

“Diabetes Update”, The Future of Diabetes Foot Care, national online CME event for Podiatrists, June 3, 2023*

“Clinical Study Presentation-Improved Extremity Tissue Oxygenation through Infrared Textiles”, The Future of Diabetes Foot Care, National online CME event for Podiatrists, June 3, 2023*

“Thyroid Function Test Interpretation”, Resident Noon Conference, Department of Medicine, Hospital of Saint Raphael, New Haven, Connecticut, January 19, 2001.

“Adrenal Crises”, Resident Noon Conference, Department of Medicine, Hospital of Saint Raphael, New Haven, Connecticut, July 30, 2001.

“The Adrenal Gland: Function and Dysfunction”, Resident Noon Conference, Department of Medicine, Hospital of Saint Raphael, New Haven, Connecticut, February 7, 2002.

“Diabetes Update”, Grand Rounds, Section of Oral and Maxillofacial Surgery, Hospital of Saint Raphael, New Haven, CT, April 18, 2002.

“Management of Inpatient Diabetes”, Connecticut Society of Health Systems Pharmacist 13th Annual Catch the Wave Assembly, Groton, Connecticut, October 18, 2002.*

“Management of Diabetes”, In-service for nursing staff of Jewish Home for the Aged, New Haven, Connecticut, November 15, 2002.

“Diabetes Insipidus”, Resident Noon Conference, Department of Medicine, Hospital of Saint Raphael, New Haven, CT January 29, 2003.

“Diabetes, PCOS and Thyroid Disease: A Case Study”, Grand Rounds, Section of Endocrinology, Department of Medicine, Yale School of Medicine, New Haven, Connecticut, October 15, 2004.

“Pituitary Disorders”, Resident Noon Conference, Department of Medicine, Hospital of Saint Raphael, New Haven, Connecticut, February 2, 2005.

“Hirsutism”. Resident Noon Conference, Department of Medicine, Hospital of Saint Raphael, New Haven, Connecticut, February 1, 2006.

“Diabetes Update”, Section of Infectious Disease, Department of Medicine, Hospital of Saint Raphael, New Haven, Connecticut, March 31, 2006.

“Diabetes Update”, CME, Clinical Pearls in Internal Medicine Conference, New Haven, Connecticut, May 13, 2006.*

“Thyroid Update and Review”, CME lecture for internists, Uncasville, Connecticut, September 7, 2006.*

“Thyroid Function Tests: Interpretation & Application”, CME lecture, Issues and Innovations in Advanced Practice Nursing Connecticut APRN Conference, Cromwell, Connecticut, September 28, 2006.*

“The Insulin Resistance Syndrome”, The Connecticut Society for Cardiac Rehabilitation, Wallingford, Connecticut, October 5, 2006.*

“An 18 year old with ‘the worst headache of his life.’; TSH producing adenoma and thyroid storm. Endocrinology Grand Rounds, LIJ/Northshore Hospital, Great Neck, NY, February 8, 2008.

“Chronic Urticaria and Autoimmune Thyroid Disease”, Medical Grand Rounds, LIJ/Northshore Hospital, Great Neck, NY, February 8, 2008.

“Diabetes and The Heart”, The All Heart Club of Greater New Haven, An affiliate of The Hospital of St. Raphael, New Haven, Connecticut, November 13, 2008.

“Thyroid Disease & Women”, 7th Annual Women’s Health Conference, Groton, Connecticut, March 15, 2009.

“Thyroid Nodules; Take ‘em or leave ‘em”, 8th Annual Women’s Health Conference, Groton, Connecticut, March 14, 2010

“The Thyroid in Pregnancy”, New Haven OB Society, New Haven, Connecticut, September 9, 2014

“Diabetes Forum: Controversies and Guidelines in Management of Diabetes”, New Haven Community Medical Group, Orange, Connecticut, October 9, 2014*